



**ALCONA COUNTY
BOOT CAMP**
Get tough. Get results.

Alcona County Boot Camp

6:30pm

Meets @ Lincoln Elementary School

Cost:

\$75.00 for New BAC Boot Campers

\$65 for Alumni BAC Boot Campers

Name:

Age:

Phone:

Email:

List Any Days Unable to Attend:

Reasons for Wanting to Join?

Specific Fitness/Weight Loss Goals?

How did you hear about it?

List any physical limitations, injuries, recent surgeries or existing health conditions (i.e. asthma, arthritis, low back pain, strained muscles, sprains or fractures).

For questions or more information please contact Tracie BAC at 989-356-5600.

Applications can be faxed to 989-356-8078.

Mailed to: 1501 W. Chisholm Alpena, MI 49707