

Improving Health.
Inspiring Life.

THE BAY
ATHLETIC CLUB

Action-Packed,
Turn-Up-the-Music,
Off-the-Hook,
Kickin'-Fun...

turbo Party

Featuring Fitness-Diva
Chalene Johnson

L.A.-Based Creator of TurboJam™,
Top-Selling Fitness Video in the Country

Saturday, July 19th, 9 a.m.

Thunder Bay Junior High School Gymnasium
3500 S. Third Street, Alpena, Michigan

Call 989-356-5600 to reserve your spot today.

Open to anyone ages 14 and up. Pre-sign up required. Cost \$10.00 Non-members
Bac members \$5.00. Music provided by D.J. Darrel Kelly from 107.7 The Bay

PLUS: On-Site Registration for 30-Day Turbo Boot Camp

Kick-Off is July 19th, ending August 21st at Bay Athletic Club!

Each workout is packed with calorie-blasting kickboxing and the hottest dance music, all guaranteed to give you jaw-dropping results, no matter what your fitness level.

Call Bay Athletic Club at 989-356-5600 or visit www.bayathleticclub.com for more details.

Photos from 100 people participating in last summer's Turbo Party

